Atitit zip rar压缩文档文件名列表提取

"C:\Program Files (x86)\WinRAR\UnRAR.exe" -l 列出rar

7-Zip 19.00 (x64) : Copyright (c) 1999-2018 Igor Pavlov : 2019-02-21

Usage: 7z <command> [<switches>...] <archive\_name> [<file\_names>...] [@listfile]

<Commands>

a : Add files to archive

b : Benchmark

d : Delete files from archive

e : Extract files from archive (without using directory names)

h : Calculate hash values for files

i : Show information about supported formats

l : List contents of archive

rn : Rename files in archive

t : Test integrity of archive

u : Update files to archive

x : eXtract files with full paths

<Switches>

-- : Stop switches and @listfile parsing

-ai[r[-|0]]{@listfile|!wildcard} : Include archives

-ax[r[-|0]]{@listfile|!wildcard} : eXclude archives

-ao{a|s|t|u} : set Overwrite mode

-an : disable archive\_name field

-bb[0-3] : set output log level

-bd : disable progress indicator

-bs{o|e|p}{0|1|2} : set output stream for output/error/progress line

-bt : show execution time statistics

-i[r[-|0]]{@listfile|!wildcard} : Include filenames

-m{Parameters} : set compression Method

-mmt[N] : set number of CPU threads

-mx[N] : set compression level: -mx1 (fastest) ... -mx9 (ultra)

-o{Directory} : set Output directory

-p{Password} : set Password

-r[-|0] : Recurse subdirectories

-sa{a|e|s} : set Archive name mode

-scc{UTF-8|WIN|DOS} : set charset for for console input/output

-scs{UTF-8|UTF-16LE|UTF-16BE|WIN|DOS|{id}} : set charset for list files

-scrc[CRC32|CRC64|SHA1|SHA256|\*] : set hash function for x, e, h commands

-sdel : delete files after compression

-seml[.] : send archive by email

-sfx[{name}] : Create SFX archive

-si[{name}] : read data from stdin

-slp : set Large Pages mode

-slt : show technical information for l (List) command

-snh : store hard links as links

-snl : store symbolic links as links

-sni : store NT security information

-sns[-] : store NTFS alternate streams

-so : write data to stdout

-spd : disable wildcard matching for file names

-spe : eliminate duplication of root folder for extract command

-spf : use fully qualified file paths

-ssc[-] : set sensitive case mode

-sse : stop archive creating, if it can't open some input file

-ssw : compress shared files

-stl : set archive timestamp from the most recently modified file

-stm{HexMask} : set CPU thread affinity mask (hexadecimal number)

-stx{Type} : exclude archive type

-t{Type} : Set type of archive

-u[-][p#][q#][r#][x#][y#][z#][!newArchiveName] : Update options

-v{Size}[b|k|m|g] : Create volumes

-w[{path}] : assign Work directory. Empty path means a temporary directory

-x[r[-|0]]{@listfile|!wildcard} : eXclude filenames

-y : assume Yes on all queries

"C:\Program Files\7-Zip\7z.exe" l "C:\Users\aaa.ATTILAXPC188\Desktop\000atisid\000atisid.zip"